



***The Northern Regional Netball Associations
of North East & Yorkshire***

NORTHERN LEAGUE



**Handbook
2019/20**

USEFUL INFORMATION

Competition Referee:

Cheryl Dewhirst – cheryl.dewhirst59@gmail.com

Mobile: 07948253239

Northern League Secretary:

TBC

Northern League Treasurer:

Angela Hoyle

Address: 29 Carrwood Avenue, Bramhall
Stockport, Cheshire, SK7 2PY

Northern League Results Coordinator:

Rachael Radford

Mobile: 07841332488

General Queries:

Email: Northernleaguenetball@gmail.com

Results / Paperwork:

Results should be sent via WhatsApp to the **Northern League 2019/20** Group or if not possible then via text to 07795 257837 (as detailed in league handbook)

Results Cards should be sent to the WhatsApp Group **NL Result Card** by the deadline detailed in the regulations

If you are not able to send via WhatsApp, then the Results card should be emailed to northernleaguenetball@gmail.com

Invites will be sent to those detailed on the entry form – if others are to be included then please email the address below to confirm the details

Umpire Fitness Forms (Bleep Test) should be emailed to
[Northernleaguenetball@gmail.com](mailto:northernleaguenetball@gmail.com)

Umpires are required to submit 2 during the season

Form 1 – between 1 August and 7 September 2019 or before umpiring first game

Form 2 – between 15 December and 31 January 2020

Changes/amendments to Team Registration sheets:

Additions and or changes to Team Registration sheets should be done so via email to northernleaguenetball@gmail.com

Please note the email should provide the following information

Name	Affiliation Number	Confirmation Affiliation has been paid	DOB
Josie Smith	432674	Yes – 31 August 2017	N/A
Sally Turner	567432	Yes – 31 August 2017	1/9/2015 Age Band form attached

Updated and/or amended Team Registration sheets should not be submitted

✓ *Remember to*

Keep up to date with Northern League Netball:

Website: www.northernleaguenetball.co.uk

Facebook Group: Northern League Netball (UK) 2019/20

This is a closed group – if you wish to join and/or a member of your club, please email northernleaguenetball@gmail.com or invite them to join the group

Twitter: @NLNetball

NORTHERN LEAGUE 2019/20

One (1) Division of Ten (10) teams –

1	Hi-Tech	6	Oaksway
2	Leeds Athletic	7	Sheffield Concord
3	Riverside	8	Seatonians
4	Brigg Blades	9	
5	Silver Swifts	10	Sheffield Stormers

NORTHERN LEAGUE FIXTURES

The first numbered team is the designated home team

Week Nos	Date Sundays	Match 1	Match 2	Match 3	Match 4	Match 5
1	29 September	1 v 7	3 v 5	6 v 2		10 v 8
2	6 October	10 v 1	2 v 3	5 v 4	7 v 6	
3	20 October	1 v 6	3 v 10	8 v 2	4 v 7	
4	27 October	8 v 1		2 v 7	10 v 5	6 v 4
5	10 November	1 v 5	7 v 3	2 v 10	4 v 8	
6	17 November	3 v 1	6 v 8	5 v 2		4 v 10
7	24 November	1 v 2	3 v 4	6 v 5	7 v 8	
8	1 December		8 v 3	2 v 4	5 v 7	6 v 10
9	8 December	1 v 4	3 v 6	8 v 5	10 v 7	
10	12 January	7 v 1	5 v 3	2 v 6		8 v 10
11	19 January	1 v 8		7 v 2	5 v 10	4 v 6
12	2 February	6 v 1	10 v 3	2 v 8	7 v 4	
13	9 February	1 v 10	3 v 2	4 v 5	6 v 7	
14	16 February	5 v 1	3 v 7	10 v 2	8 v 4	
15	1 March	2 v 1	4 v 3	5 v 6	8 v 7	
16	8 March		3 v 8	4 v 2	7 v 5	10 v 6
17	15 March	1 v 3	8 v 6	2 v 5		10 v 4
18	22 March	4 v 1	6 v 3	5 v 8	7 v 10	
Res	5 January					
Res	29 March					
Event		Date		Venue		
Northern League/Reg. Play offs		17 May 2020		Beacon of Light		
England Netball Premier 3 Play Offs		25 / 26 April 2020		TBC		

NORTHERN LEAGUE – REGULATIONS 2019/20

1.0 Organisation & Administration

- 1.1** The Northern League and all rights and properties associated with it shall be owned controlled and managed by the Northern League Management Board (NLMB), supported by participating Regions of the North East and Yorkshire. It may delegate its powers and authority in this respect to any Sub Committee or individual(s).
- 1.2** The decisions of the NLMB or its nominee(s), in respect of these rules and regulations and on any other matter related to the Northern League which is not provided by below, shall be considered final and binding on all parties (subject to the right of appeal which is specifically outlined in Sections 9, 10 and 11.)
- 1.3** It is the responsibility of all clubs/teams, including Team Managers, Coaches, Captains, Athletes, Umpires, Officials and all other personnel within Northern League Netball to ensure that they are conversant with the following rules and regulations.
- 1.4** All clubs will be held responsible for the **Overall Conduct** * of their players, officials and spectators.
- *Definition: Overall Conduct = You will be responsible for the behaviour, demeanour and actions of all members associated with your club and spectators
- 1.5** The Codes of Conduct of England Netball will be adopted by all associated with the Northern League

2.0 Qualifications and Eligibility

- 2.1** Application for entry to the Northern League shall be open to any club or team which is a member of England Netball through a County Association, which has paid its membership in this respect, which is situated within the boundaries of a County Association which is a member of the Regional Associations (North East and Yorkshire and Humberside) and are accredited under England Netball's CAPS scheme, or working towards the same (where applicable) - unless otherwise agreed by the NLMB.
- 2.2** Entry to the Northern League will be determined by the NLMB at its absolute discretion, subject to its reasonable application of the rules and regulations laid out herein and having due regard to the playing standard of teams which wish to participate. In the same way, such casual vacancies as may appear from time to time will be addressed by the NLMB in whatever way it seems fit.
- 2.3** The entry fee for the League will be determined by the NLMB.
- Please note: The fee for the 2019/20 season will be **£55**.*
- 2.4** Only one (1) team from any one club is allowed to play in the competition
- 2.5** By entering a team in the Northern League clubs/teams agree that:
- They will abide by these rules and regulations
 - They will honour all commitments and fulfill the costs of participation in the Northern League.
 - They shall either be accredited under England Netball's CAPS scheme or working towards the same (where applicable).

2.6 In order to participate in the Northern League a player and team officials shall be in membership of England Netball as a Registered Participant via one of the following qualifications

- Linked through the club they are playing for
- Independent registered participant through a County (Team officials only)

Players must be affiliated as a Registered Participant through a club as defined in Regulation 2.1 above

2.7 All players and team officials must be in membership of England Netball as a Registered Participant having paid the full membership fee due and received confirmation of their membership (payment received) prior to their participation in the Northern League, this must be paid in full no less than 4 days before they take part in any level of the competition.

The **penalty** for not adhering to 2.7 (player being affiliated) is as follows

- 2 points will be deducted

2.8 Clubs/Players must be able to produce relevant current EN ID cards at fixtures if requested by a member of the NLMB.

2.9 All players must be over 14 years old as at 11.59pm on 31st August immediately prior to the commencement of the Northern League playing season unless they have completed the age banding consent form and submitted it with the team registration form to the Northern League Results Secretary prior to that player participating in the League.

The **penalty** for not adhering to 2.9 is as follows

- 2 points will be deducted

2.10 Northern League Netball recommends that individuals (player, coach, umpire) if pregnant should only participate with approval from their doctor and in accordance with any guidelines issued by itself

The England Netball Personal Accident insurance cover excludes any loss or expense due to pregnancy, childbirth, miscarriage or any consequence thereof. If, for example a member who is pregnant is involved in an accident not related to the pregnancy, subject to the conditions of the policy, the relevant benefits would be payable. However, if any situation (such as hospitalisation) was prolonged as a direct result of pregnancy, pregnancy complications or even early childbirth, then this portion of any claim is not covered.

3.0 Registration of Squad Members

3.1 Clubs must register all players to play in the competition.

- i. Squad registration sheets for each participating team must be completed fully for each player and lodged with the NLMB at least two weeks prior to the commencement of the Northern League.
- ii. Any additions to the squad sheets must be lodged with the NLMB by 1700 hours on the Thursday prior to the fixture weekend.

Additional Registrations of players will not be accepted after 17.00 on the Thursday prior to Northern League fixture 15

- iii. If a player plays the equivalent of 16 quarters, (or part quarters thereof) during the current playing season in a higher-level competition i.e. National Superleague, National Premier Leagues - Divisions 1/2/3 then she may no longer play in the Northern League or in that seasons Playoffs to determine membership of the Northern League.

3.2 Teams may only use those players whose names appear on their squad registration list held by the NLMB

Penalty: -2 points will be deducted from any team using an unregistered player.

3.3 Once a player has been named on a squad sheet and has taken to court during that season

- She cannot transfer to another Northern League club during the course of the current playing season and /or
- She cannot play for any other club or team within the same season's Northern to Premier League playoff, or the playoffs to determine membership of The Northern League

3.4 Each team must declare up to twelve (12) players prior to the start of each match by completing a team sheet/result card.

3.5 No player who has played in the Northern League and within the same season may play for any other club in any Regional League or England Netball Premier League (including England Netball Premier League Playoff's).

4.0 Structure of League

4.1 This is an Open competition. The Northern League will be contested between as many teams as shall be determined by the Northern League Management Board (NLMB).

4.2 Each team will play each other twice (home and away). Matches will normally take place on a Sunday as per the league fixtures schedule.

The home venue SHOULD be situated within the boundaries of a County Association which is a member of the Regional Associations (North East and Yorkshire and Humberside), where this is not possible then the Competition Referee MUST be notified in advance of the fixture confirmation.

Permission to play outside the Region will only be granted in exceptional circumstances

Fixtures may only be played on an alternative date (i.e. the Saturday immediately before the allocated date) if the following process is followed

4.2.1 The home team must inform the away team of the intention to play the fixture on the preceding Saturday at the earliest possible time, in any event not less than 4 weeks (28 days) prior to the scheduled fixture

4.2.2 The change to a Saturday must not unduly affect the away team through a clash of dates with a pre-set England fixture / training session or event that their players would be involved in

4.2.3 The Results Coordinator and Umpire Coordinator MUST be informed of the change of date at the time at which the change is confirmed with the away team as per

4.2.1

4.3 Points for the matches will be awarded as follows:

- a) 5 points for a win
- b) 3 points for a draw
- c) 2 points for a losing team scoring within 5 goals of the winners score
- d) 1 point for a losing team scoring more than half the winners score
- e) 0 points for a loss

4.4 A Northern League table will be compiled on the basis of the points awarded to each team. Where two teams are level on points at the end of the league:

- a) Goal average (goals for divided by goals against) shall be used to determine their relative positions. I.e. the team with the higher average score over the course of the season shall take precedence
- b) In the event that goal average does not differentiate between the teams, then goal difference shall be applied, i.e., precedence shall be given to the team with the greater difference between goals scored and goals conceded
- c) In the event that goal difference does not differentiate between the teams, then the team with the greatest number of goals scored shall take precedence
- d) In the event that neither goal average nor goal difference nor goals scored can differentiate between the teams, the aggregate score in the match or matches played between them over the course of the season shall be calculated and precedence given to the team that gained most points

In the event that none of the above differentiates between the teams, then a playoff shall be used between the teams to determine placings.

Note: Where one of the teams has its goal average, goal difference or total number of goals scored affected by cancellations, then all goals scored by and against defaulting team(s) in all fixtures shall be omitted from the calculations of both teams level on points. Except where one of the team's level on points is the offending team, at which point they assume a goal average of 0 and will be the lowest ranked team of those level on points.

For example, in the event that one team received 5 points for a cancelled fixture, then the goals scored by and against both team's level on points, in all games against the offending team, will not be included when its goal average, goal difference or total number of goals is calculated

4.5 The team which finishes top of the Northern League at the end of the season will be the Northern League Champions.

At the end of the 2019/20 season

- a) The 9th and 10th placed team will play in the play offs with the nominated best team from each Region (5 teams in total). The top team(s) from the play offs will be invited to play in the Northern league the following season. All other clubs will return to their Regional Leagues.
- b) The number of teams will be determined by the number of places available in the league following the outcome of the Premier League play offs
- c) The above may be amended if relegation from Premier 3 already gives **10** teams in the Northern league. This will be determined by the NLMB to ensure that league remains at a maximum 10 teams.

The play offs will take place at the end of the season at a weekend to be determined by the NLMB

Note: All teams should ensure this date is included in their fixture list to ensure availability if required

5.0 Fixture Arrangements

5.1 The team designated the Home team will be responsible for arranging an indoor venue that is fit for purpose, and for all home venue costs including (but not limited to) facility hire and appropriate refreshments. This should include both male and female changing and showering facilities unless otherwise agreed by the NLMB.

The home venue SHOULD be situated within the boundaries of a County Association which is a member of the Regional Associations (North East and Yorkshire and Humberside), where this is not possible then the Competition Referee MUST be notified in advance of the fixture confirmation.

5.1.1 It is the responsibility of the HOME team to complete a risk assessment prior to each match and ensure that the UMPIRES countersign this document.

Umpires will undertake pre-game checks to ensure the game is safe to play. It is in their jurisdiction to not allow a game to go ahead, if not deemed safe to do so. In instances where risks have been identified, a copy of the completed risk assessment should be sent with the Results card to the Results Secretary.

5.1.2 For all 'incidents' on or off the court a Match an England Netball Accident Report form **must** be completed, and a copy sent to England Netball Competition and Events Officer, a copy also sent to the Northern League Secretary, which will be stored for insurance purposes.

Forms used must be the Standard ones issued by the Northern League. These can be downloaded from the Northern League website or Facebook Group.

5.2 Accidents

5.2.1 If an accident occurs at any match where a player, coach, official (umpire or match bench), spectator or staff member is injured, the accident reporting procedure should be followed as detailed on

<https://www.EnglandNetball.co.uk/competitions/administration/>

5.5.2 This procedure should be followed for ALL injuries and accidents regardless of whether or not medical treatment is given

5.3 Fixtures are to be played on a Sunday starting no earlier than 10.30 (match start time) and no later than 15.00 unless it is mutually agreed to play outside these times including on the Friday evening of that weekend.

If any match is not to be played on the day specified, then teams must have liaised with the away team **at 4 weeks (28 days) ahead of the fixture (as per 4.2).**

- The Home team must inform the Northern League Secretary of the change of day
- Any dispute over dates of fixtures or start times will be determined by the NLMB or its nominees at its absolute discretion.

5.4 The home team must provide their opponents and umpires with confirmation in **WRITING (preferably via email)** details of the fixture, its start time and travel directions (including a postcode) **a minimum of 10 days** prior to the date of the fixture.

5.5 Away teams will be responsible for their own travel costs and should allow sufficient traveling time to cover any unexpected delays.

Any team, which fails to arrive on time, must take the court within 10 minutes of 5 members of the squad arriving, and in any event within 30 minutes of the agreed start time.

In the event that the court booking prevents the match being completed

- A report on the amount of time played should be submitted to the Northern League Secretary within 72 hours of the match.
- The NLMB will decide if the result as far as played should stand, or if the late team should forfeit the match.

Any team arriving more than 30 minutes after the agreed start time will forfeit the match, and the non-offending team will be awarded the points as winners by default. Teams who are delayed for any reason must make contact with the other team to explain their late arrival.

5.6 Teams failing to arrive for a fixture will meet the full costs of the fixture prior to their next game.

NB: Payment to be made **via the NLMB Treasurer**

5.7 Teams cannot rearrange postpone or cancel a fixture without the agreement of the NLMB. Matches, which are postponed due to extreme and unforeseen circumstances, e.g. Flash floods or heavy snowfall, must be played on the next available reserve date unless otherwise stipulated/agreed by the NLMB. Any dispute over rescheduling shall be determined by the NLMB, or its nominees, at its absolute discretion

The penalty (ies) for not adhering to 5.6 are:

- i. The non-offending team will be awarded 5 League points for the match and the offending team will have 2 League points deducted from their total.
- ii. The offending team may be liable to pay any costs, which the non-offending team and the match officials have incurred.

5.8 Any bank charges relating to dishonored cheques must be paid immediately by the relevant team to the NLMB Treasurer

5.9 If for any reason a fixture is rearranged, postponed or cancelled it is the responsibility of the home team to ensure that the Secretary of the NLMB is informed, and BOTH teams will be responsible for informing their own Umpires and Officials, immediately the postponement or cancellation is known.

Where a fixture is postponed then one of the reserve dates detailed in the fixture schedule **MUST** be used.

5.10 In the event that a match is abandoned for any reason e.g. because of serious injury, the result of that match will be determined by the NLMB having regard to the score and the time at which play was suspended.

6.0 Match Regulations

- 6.1** All games must be played to the current INF Netball Rules (those that are applicable at the start of the competition) except where specific regulations may apply.
- 6.2** All games are to be played indoors and must be of 1-hour duration (4 x 15 minutes). There will be 4 minutes interval at each quarter time and 8 minutes interval at half time.

7.0 Match Officials

- 7.1** Umpires will be 'A' award or a minimum 'B' award level (NOT INTERMEDIATE). Clubs are responsible for appointing and paying the expenses of their own umpire.

The **penalty** for not adhering to 7.1 is as follows

3 points will be deducted from the offending team

- 7.2** For those umpires who are officiating in the Northern League 2019/20, they must have achieved the following fitness level 7.1

The above must be undertaken and submitted anytime within the windows below

Phase 1	Phase 2
The first results must be submitted before Round 1 of the Northern League or before they umpire in the Northern League.	Results to be submitted between 15 December 2019 – 31 January 2020

To northernleaguenetball@gmail.com

- 7.3** Each Team shall be responsible for providing their appointed Umpire with confirmation of the fixture, its start time and travel directions (a postcode) **a minimum of Ten (10) days** prior to the date of the fixture.
- 7.4** Each team will be responsible for paying their own umpires' expenses.

Recommended expenses, including travel costs, are between £30.00 - £40.00 per match.

- 7.5** In the event that an Umpire fails to arrive / be injured or taken ill during a match the following procedures will be applied:
- NLMB Umpire Coordinator must be informed immediately via the WhatsApp group
 - If another Umpire of the appropriate minimum standard (B award) is available, then she/he will Umpire the match
 - Failing that, the next best qualified (minimum C award) Umpire should be used
 - If the appointed umpire arrives late and the game has already commenced, the umpire that started the game will continue for the entire duration of the match.

7.6 Technical Officials

Both teams SHOULD arrange for the match

- i. A Scorer who should have a working knowledge of scoring
- ii. A Timekeeper who should have a working knowledge of the INF rules

Where teams only provide a Scorer, then they will also be expected to take on the role of

timekeeper.

7.7 One Scorer must use the England Netball /INF Score Sheet.

Match Officials should allow sufficient traveling time to cover any unexpected delays.

7.8 Team Officials

A team may have upto five (5) Team officials, these will include a coach and ideally at least one primary care person (where possible the primary carer should not hold any other role).

A primary care person: -

- Must be qualified to diagnose and treat injury or illness with a minimum of a first aid qualification
- Is permitted on the court during a stoppage for injury/illness of a player or blood issues
- Must advise the umpires if a Player is too injured/ill to be removed from the court within 30 seconds and/or if assistance is required.

Team officials may be fewer than specified and may therefore undertake several duties, whilst a player may hold the role of primary carer it is preferably that this is not the case

The Team bench will be situated in the area at the Teams defending half at the start of the Match to the right of the netball posts, unless otherwise agreed with the umpires

8.0 Registration of Results

8.1 The home team shall submit the results of the match to the WhatsApp group (or text 07795 257837) by 19.00 on the Sunday of the designated playing weekend, in the format:

N.L. Nomads 30 vs Wanderers 33 Anne Other, Nomads win

8.2 Teams will complete One Results Card on the day of the fixture with the HOME team submitting this to the NLMB **Results Secretary**.

The Result card must be completed in full – clearly naming players, and positions played each quarter etc. This must be received by Wednesday following the fixture.

There will be a £10 fine for the late arrival of results cards.

8.3 Both the score sheet and result card **must** be signed by Captains, scorers and umpires.

Teams should retain the Score sheet should there be a query relating to the fixture

9.0 Competition Referee

9.1 A Competition Referee* will be appointed by the NLMB for the Northern League 2019/20.

9.2 The Competition Referee will have the authority and jurisdiction to make decisions on any matters arising throughout the Competition including, but not limited to:

- I. Altering or amending the playing schedule as necessary;
- II. Determining if there has been a breach of the Regulations and imposing an appropriate sanction (including disqualification of any individual, Player or Team);
- III. Instances of unsportsmanlike behaviour or behaviour that brings the sport into disrepute, including instances of Teams predetermining, or attempting to predetermine, the outcome of a Match and/or the Competition;
- IV. Determine the score should any Match not be concluded due to any unforeseen circumstance;
- V. Any matter not covered specifically within the Regulations.

9.3 The Competition Referee may call upon, or delegate to, additional persons to assist with the Competition or consult with other persons prior to making any decision. However the final decision and accountability for the decision will rest with the Competition Referee.

10.0 Competition Complaints Procedure

10.1 All queries and complaints (a Complaint) should be directed to the Competition Referee in the first instance, which will be dealt with as follows:

10.2 Where the Complaint relates to the playing of a Match, the scoring, and/or its result, the relevant Squad member or Team Official, must do the following:

- a) Inform their opponents and the Umpires of their complaint;
- b) Mark the Score Card with the words "Under Protest";
- c) Send the marked Score Card to the Competition Referee, within seventy two (72) hours of the match;
- d) Attach a letter to the Score Card to explain the issue in full to the Competition Referee.
- e) The Competition Referee will decide what action should be taken.

10.3 The Competition Referee will acknowledge receipt of the query or complaint and make a decision on the matter within seventy-two (72) hours of receipt of the query or complaint. The Competition Referee's decision in relation to decisions taken under clause 2.1.1 is binding apart from where parties to the complaint have the right to appeal the decision under Section 3 below.

10.4 Where a Complaint relates to the governance or administration of the Competition by the NLMB, such complaints will be dealt with under the Complaints Procedure

10.5 Where the Complaint relates to the behaviour of an individual Player or Team participating, volunteering or individual attending a Match which could be considered as a Disciplinary Offence under England Netball's Disciplinary Regulations, such complaints will be dealt with in accordance with the processes set out in England Netball's Disciplinary Regulations.

11 Appeal of Competition Referees Decision

- 11.1** The decision of the Competition Referee in relation to a complaint submitted in accordance with section 2.1.1 shall be final and binding on all parties save that a party has a right to appeal in the following circumstances:
- I. If the decision has a potential impact on a match result, a league table, or the outcome of the Competition; AND
 - II. If there has been a failure by the Competition Referee to follow or act in accordance with these Regulations and/or the Competition Referee reached a decision on the basis of an error of fact.

These are the only grounds of appeal and any appeal must be submitted in accordance with the appeals process set out below:

- 11.2** An appeal should be forwarded in writing from the Team Manager / Captain of the appealing Team to the Competition Referee within 72 hours of receiving the decision, who will refer it to NLMB
- 11.3** The appeal shall be accompanied by a cheque for £100 which shall be returned if the appeal is upheld or if there are any other extenuating circumstances. The Competition Appeals Committee (CAC) will decide whether the extenuating circumstance warrant the cheque being returned.
- 11.4** The NLMB will establish a CAC which will consist of individuals that are independent of and not connected the Competition. One of those individuals will be appointed as the Chair.
- 11.5** The Chair of the CAC will send the appeal to the opposing Team and any other Team the CAC believe could be affected by the outcome of the appeal. These Teams will be permitted seventy-two (72) hours, from the date the appeal notice is sent from the CAC to submit any evidence or submission that they wish the CAC to consider.
- 11.6** All submissions and evidence must be submitted in writing. The Chair of CAC will have the discretion to determine the process, procedure and direction of the appeal.
- 11.7** The CAC shall meet and reach a determination within seventy-two (72) hours of receiving all the evidence and submissions.
- 11.8** The CAC will notify all the parties that made submissions and presented evidence of its decision and any penalties and sanctions imposed within twenty-four (24) hours of it reaching its determination. The CAC shall have the discretion to publish the decision through whatever means it considers appropriate.
- 11.9** The CAC shall have the delegated power of NLMB to make all decisions and impose and enforce any penalties and sanctions (including but not limited to, reprimands, the deduction of points, fines, suspensions and expulsions from the Competition) relating to the appeal. There is no further right of appeal on this decision.
- 11.10** The procedures set out in this section shall be governed by the Arbitration Act 1996 (the Act) and amount to a binding arbitration agreement for the purposes of Section 6 of the Act.
- 11.11** The parties also waive irrevocably their right to any form of appeal, review or recourse to any court or other judicial authority, or under England Netball's Disciplinary Procedures

Manual or otherwise, insofar as such waiver may be validly made.

11.12 The seat of arbitration shall be England, the language used shall be English and the governing law of the regulations and these proceedings under Section 3 shall be English Law.

11.13 If the circumstances require a decision to be taken sooner than provided for by this section, and all parties to the appeal consent, the timetable within which an appeal is raised, submissions made and the decision taken can be shorter than seventy two (72) hours stated in this Section. In such cases the CAC shall issue a revised directions timetable which shall be binding on all parties.

* = A Competition Referee should be identified and named prior to the start of the Competition and communicated to all participating teams

** = An LOC is the organising committee responsible for the management and delivery of the competition

12.0 Miscellaneous

12.1 It is the responsibility of each team to provide adequate first aid cover for its players and officials, which shall also be made available to the match officials on request.

12.2 Any team wishing to video/photograph a Northern League game, should give the opposing side, team officials and match officials at least 3 clear days' notice prior to the game to allow all parental permissions required under the Duty of Care to be obtained. All permissions must be in written form (email is preferable) and the Northern League Secretary copied into correspondence.

A match official/team official who wishes to video record or photograph a Northern league game must also go through the same procedure.

12.3 England Netball (including the Northern league) will not be liable to any person, whether in contract, tort (including negligence) or otherwise for any direct or indirect loss or injury of any nature, howsoever caused and howsoever arising from the matters covered by these Regulations, provided that nothing in these Regulations excludes or restricts England Netball's (including the regions involved) liability for any personal loss or injury caused by England Netball's (including the Northern league) own negligence, the negligence of its employees, or for fraud.

12.4 All participants acknowledge that participating in the sport of netball involves a risk of personal injury and by taking part in the Northern League whether as a player, team member, team official, other official or spectator, each participant does so at their own risk.

12.5 If any of these Regulations are held by any competent authority to be invalid or unenforceable, the remainder of the Regulations shall not be affected thereby.

12.6 These Regulations shall be governed by and interpreted in accordance with English law

12.6 Any questions regarding these Regulations can be addressed to the NLMB – northernleaguenetball@gmail.com

12.7 The NLMB may review and amend these regulations

- If England Netball amends the Premier League Regulations for 2019/20
- Following changes communicated by England Netball.

➤ At the discretion of the NLMB

- 12.8** Any changes will be communicated to the teams by the most available communication channel(s); including email, Website and Social Media
- 12.9** The NLMB will adjudicate on all matters not covered by the regulations



A fully designed Website provided by Web Services could enhance your communications strategy by offering you:

- **A .co.uk web address of your choice**
- **Information for players, parents, and visitors.**
- **Add Match reports & Scores**
- **Upload match pictures**
- **Directions to venues**
- **Training schedules (including last minute changes)**
- **Information on CAPS Awards**
- **Online applications to join club/organisation**
- **Online contact forms**
- **Members only area for secure communications**

Examples Sites:

- **www.netballyorkshire.co.uk**
- **www.loughboroughlightning.co.uk**
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